



CENTER FOR
SMALL TOWN
JEWISH LIFE

**Shlichei Tzibur Training Program with Cantor Sheila Nesis
Cohort 3
January-June 2024**

Class Schedule

Virtual classes are offered on Sundays and Tuesdays

SUNDAY CLASSES: for students who use Lev Shalem and Eit Ratzon prayer books in their congregations.

TUESDAY CLASSES: for students who use Mishkan T'filah and Kol Haneshamah prayer books in their congregations.

In-person classes:

These will be offered throughout New England. Participants will have the choice to attend the session/s most suitable to them based on their location. Session dates are in the schedule below.

Tutoring:

Participants will be paired with tutors and will arrange tutoring times directly with their assigned tutor.

Class #1

Sunday, Jan. 21, 9-10:30 a.m.

Tuesday, Jan. 23, 7-8:30 p.m.

Welcome and introduction. The role of the Shaliach Tzibur (emissary of the community) in Jewish tradition: its history, and its present role. *Keva* (fixed) and *Kavannah* (intention) in Jewish prayer.

Class #2

Sunday, Feb. 4, 9-10:30 a.m.

Tuesday, Feb. 6, 7-8:30 p.m.

Understanding Kabbalat Shabbat and prayer structure: Kabbalat Shabbat, Arvit/Ma'ariv (evening) rubric, creation, revelation, redemption. *Chatimot*.

Class #3

Sunday, Feb. 11, 9-10:30 a.m.

Tuesday, Feb. 13, 7-8:30 p.m.

Kabbalat Shabbat, continued. Practicing melodies and davening. Best practices and tools for leading with confidence.

Class #4

In-person sessions. Specific location and time TBD. Participants from both cohorts are welcome to attend the location and date that is most convenient.

March 2: Massachusetts

March 3: Central Maine

March 9: Southern Maine

March 10: Vermont

Class #5

Sunday, March 17, 9-10:30 a.m.

Tuesday, March 19, 7-8:30 p.m.

Understanding Shabbat Shacharit: The study of its structure: morning blessings, P'sukei d'Zimra (Verses of Song), Shema and its blessings and related passages, Amidah (Standing Prayer), Torah reading, closing prayers.

Class #6

Sunday, April 7, 9-10:30 a.m.

Tuesday, April 9, 7-8:30 p.m.

Shabbat Shacharit, continued. Practicing melodies and davening. Creative *kavannot*.

Class #7

Sunday, April 21, 9-10:30 a.m. **Both cohorts will attend Sunday class. No Tuesday class due to Pesach.**

Havdalah ceremony: what it is and how to lead it. Melodies and niggunim for Havdalah.

Class #8

Sunday, May 5, 9-10:30 a.m.

Tuesday, May 7, 7-8:30 p.m.

Visiting the Mourners' Home: How to prepare for your visit. How to lead a brief Arvit service; special prayers recited at a house of mourning.

Class #9

Sunday, May 19, 9-10:30 a.m.

Tuesday, May 21, 7-8:30 p.m.

Introduction to Jewish spiritual practice: Prayer as a spiritual practice, how to start a

personal mindfulness practice.

Class #10

In-person sessions. Specific location and time TBD. Participants from both cohorts are welcome to attend the location and date that is more convenient to them.

June 1: Massachusetts

June 2: Central Maine

June 8: Southern Maine

June 9: Vermont

Maine Conference for Jewish Life

June 21-23, 2024, Waterville, Maine

Attendance required.

A number of cohort members will participate in co-leading the Friday evening service at the Conference.